

Perinatal Services

We are so glad you have chosen to share this exciting time in your life with us at Good Samaritan. We have created this document as a way for us to get to know you better, and for you to have an idea of what to expect when coming to the hospital for the birth of your baby.

Our Perinatal Services unit is located on the 5th floor of the Gibault Memorial Tower. For the safety of our infants and families the unit remains locked at all times. Please use the following directions when coming to Good Samaritan to deliver your baby:

For non-emergent admissions / Inductions / Scheduled C-Sections (Between the hours of 6am-6pm)

- Enter the hospital through the Health Pavilion (**Blue**) Entrance
- Turn left, go past Starbucks and head to the **Orange** Elevators at the Gibault Memorial Tower
- Select the 5th floor, and when exiting the elevator turn right and go through the glass doors
- If there is a staff member at the main desk through the glass doors, let them know your name and reason for being here (scheduled procedure, active labor, etc.)
- If there is NOT a staff member at the main desk, Turn right and pick up the black phone to alert the staff that you are here.

For emergent admissions (all hours) / Inductions / Scheduled C-Sections (Between the hours 6pm-6am)

- Enter the hospital through the Emergency Room (**Green**) Entrance
- Let the ER Registration staff know that you are ____ weeks pregnant and why you are here
- ER staff will notify the Perinatal Services staff and escort you upstairs to the unit.

If you have questions after hours, you may call the unit directly at 812-885-3136.

During the Labor & Delivery period we limit visitors/support people to THREE total. This includes your significant other. Due to infection risk in the labor & delivery period we ask that the three people are the same and do not switch in and out.

After the completion of the recovery period you will move to a new Postpartum room, and once in that area we have open visitation for those ages 16 & up.

Siblings of the newborn are welcome to visit between 4pm-6pm daily.

Please complete the paperwork included in this packet, and bring it with you to the hospital for your nursing care team to review with you. If you have any questions prior to delivery please contact:

Madelyn Taylor, Perinatal Services Nurse Manager, 812-885-3137
Jenafer Burns, Perinatal Services Shift Coordinator, 812-885-3563



Good Samaritan

Newborn Information

At Good Samaritan, following practices are included in our standard of care for all infants:

- **Rooming In:** All infants remain in the room with their parent(s) with a few exceptions. Those might be: Circumcision, screening tests, newborn pictures, or if the infant is sick and needing more medical care. If parents would like to accompany infant while out of the room, please let our staff know
- **Newborn Screening Tests:** All infants receive state-mandated screening tests. Those include: Hearing Screening, Congenital Heart Defect Screening, and a blood test called a Heelstick Screening. More information about these tests will be provided upon admission to the hospital.
- **Delayed Swaddle Bathing:** Infant baths are delayed at least 6 hours after birth and are performed in the room with the parent(s). We use a bathing method called swaddle bathing to decrease infant stress and promote breastfeeding. We encourage parent(s) to participate in the bath as well!
- **Delayed Cord Clamping:** We delay cord clamping at delivery for at least one minute unless there is a medical need to clamp sooner. If you are wanting a longer delay, please let us and your provider know your preferences.
- **Immediate Skin to Skin:** After delivery we place your baby directly onto your chest. Unless your baby is requiring extra medical support we will leave your baby skin to skin on your chest for at least 1 hour after birth to promote breastfeeding and help stabilize your baby's temperature and blood sugar
- **We will not offer a pacifier to your baby unless you ask for one.** The American Academy of Pediatrics has stated that pacifier use in infants can decrease rates of Sudden Unexpected Infant Death (SUID), if used after the establishment of breastfeeding. A pacifier can make breastfeeding more difficult for some babies.
- **We support the parents choice in infant feeding method.** Whether you choose to feed your baby formula or breast milk our staff are knowledgeable and readily available to help support you in any way you may need.
- **We offer the following routine newborn medications:**

Vitamin K

Vitamin K is a substance that our body needs to form clots and to stop bleeding. We get vitamin K from the food we eat. Some vitamin K is also made by the good bacteria that live in our intestines. Babies are born with very small amounts of vitamin K stored in their bodies, which can lead to serious bleeding problems if not supplemented. (CDC, 2023)

Erythromycin antibiotic eye ointment

Erythromycin is an antibiotic eye ointment that looks a lot like vaseline. It is routinely given to newborns within the first hour after birth to prevent blindness caused by something called Ophthalmia Neonatorum which is an eye infection caused by bacteria (*N. gonorrhoeae*) that babies can encounter on their way through the birth canal. (CDC, 2023)

Hepatitis B Vaccine

This vaccine is the first in a series of 3 or 4, depending on your baby's weight and the brand. This vaccine is 95% effective at providing your baby with lifelong protection from Hepatitis B, a liver infection caused by the hepatitis B virus. (CDC, 2023)